


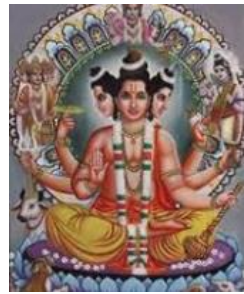


Big Q - What is it like to be a Hindu?

Key vocabulary	Explanation/ definition	Key Knowledge
Durga	A Goddess deity of Hinduism.	<ul style="list-style-type: none"> Most Hindus believe in one God, Brahman, but he can be represented in many different ways as Gods and Goddesses. A Durga Murti often shows the Goddess in red or purple clothes, these colours are the sign of action. The Trimurti represents Brahman as: Creator (Brahma), Preserver (Vishnu) and Destroyer (Shiva) The Aum (Om) symbol is the most widely used symbol in Hinduism. It is considered the very first sound of the universe. Hindus chant Aum in meditation, the sounds AUM stand for the Trimurti. A lot of Hindus worship daily at a shrine in their own home. Hindus celebrate Diwali – the festival of light.
Murti	Statue	
Trimurti	3 principle forms of Brahman, the Supreme Spirit or God	
Aum	A sacred symbol considered to be the greatest of all the mantras. 	
Shrine	A sacred place dedicated to a specific deity. 	
Puja	A Hindu act of worship.	 

Curriculum progression

PREVIOUSLY... Children may have taken part in a celebration of Diwali through play in the EYFS and whole school assemblies. However, it is the first proper introduction to Hinduism and what it is like to be a Hindu.

By the end of this unit, pupils are expected to be able to:

- Understand that Hindus believe in one God but that he can be represented in different ways.
- Say what the Trimurti represents.
- Discuss some important symbols like the Aum and what they represent.
- Discuss the celebration of Diwali and its importance for people.

