Wodensfield Primary School

My name is _____

To stay **SAFE online and on my devices**, I follow the Digital 5 A Day and:	✓
1. I only **USE** devices or apps, sites or games if a trusted adult says so	
2. I **ASK** for help if I'm stuck or not sure	
3. I **TELL** a trusted adult if I'm upset, worried, scared or confused	
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult	
5. I look out for my **FRIENDS** and tell someone if they need help	
6. I **KNOW** people online aren't always who they say they are	
7. Anything I do online can be shared and might stay online **FOREVER**	
8. I don't keep **SECRETS** or do **DARES AND CHALLENGES** just because someone tells me I have to	
9. I don't change **CLOTHES** in front of a camera	
10. I always check before **SHARING** personal information	
11. I am **KIND** and polite to everyone	

My trusted adults are:

_____ **at school**

_____ **at home**

For parents/carers

To find out more about online safety, you can read Wodensfield's full Digital Safeguarding Policy at www.wodensfield.org for more detail on our approach to online safety and links to other relevant policies (e.g. Safeguarding Policy, Behaviour Policy, etc).

More information about Digital 5 a day can be found at https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/

You can find support and online safety resources for parents at parentsafe.lgfl.net