



## Subject Curriculum Statement

### PHYSICAL EDUCATION

#### INTENT, IMPLEMENTATION & IMPACT

Ready to achieve

Respectful

Safe

Happy and Healthy

Inspired to be the best we can be

Wodensfield  
Curriculum

INTENT

At Wodensfield Primary School, we wish to inspire and motivate all of our children to achieve their full physical potential by participating in a broad and balanced Physical Education curriculum. We hold the intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of activities. This aims to ensure that they can all progress physically, emotionally, socially, morally, spiritually & culturally through a fully inclusive PE curriculum that meets the end of Key Stage objectives in the National Curriculum and develops the whole child. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely, yet imaginatively to achieve their goals. We intend that all children will have the opportunity to enjoy being physically active, maintain a healthy lifestyle and increase their self-esteem. We aspire for children to adopt a positive, confident mind-set, embrace the potential that learning provides and believe that anything can be achieved with determination and resilience. We aim to always promote physical activity and a healthy lifestyle. Children are taught to appreciate and implement the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members, coaches and observers, thus embedding life-long values such as co-operation and collaboration. Alongside PSHE and Science, children will learn about the importance of healthy living and the need for good nutrition to provide them with the knowledge, skills and motivation necessary to equip them to lead a happy, healthy, active life.

At Wodensfield, our PE curriculum is varied and ensures that we meet the requirements of the National Curriculum. All children receive at least 2 lessons per week of high-quality PE using our outside spaces and school hall. Our planning ensures that children begin by developing motor competence through the knowledge of and knowing how to perform fundamental movement skills that are learned and practised in isolation and combination as the building blocks for more advanced skills, strategies and tactics in a variety of activity areas such as games, gymnastics, dance, athletics, swimming & water safety (Key Stage 2) and outdoor and adventurous activities (with a focus on Forest School and orienteering.) Our PE curriculum is sequenced to ensure children can build on prior learning to deepen their knowledge, skills and understanding that they can apply fluently, with confidence. Through our PE planning and clear sequences of learning, with aim to provide children with the declarative and procedural knowledge that they need to be effectively physically educated.

These are all delivered by the children's class teachers, the PE Lead teacher and qualified coaches. The PE Lead teacher has produced progressive schemes of work for all staff to use. These allow children to experience and remember long term content that they can add to and apply to different situations as they travel on their learning journey. We want children to know more and be able to do more. A sequential assessment system is in place that stays with each child as they move through Wodensfield and can be accessed by all staff to help inform them on what each individual child needs to progress further. Children are also encouraged to reflect upon their learning and take responsibility for their achievements and self-evaluation and is used to help children understand how to become better learners, performers and make suitable choices to maintain a healthy lifestyle.

There is also opportunity to further develop these skills, alongside reinforcing the development of a healthy lifestyle, at our extra-curricular clubs, that include gymnastics, dance, cheerleading, football, netball, rounders, cricket, table tennis, judo and multi-skills. At Wodensfield, we adopt an all-inclusive, enhancing approach to this offer that is mirrored in our participation in a variety of inter and intra sports competitions for all children across a range of activities. This part of our PESSPA provision in all key stages is vital as it encourages our children to 'have a go' and promotes positive experiences of being physically active and not always participating to win. Wodensfield's extra-curricular provision values the importance of physical and mental well-being and also allows us to make and maintain club links within the local and wider community.

We provide a further extension to our OAA provision with children in year 2 and 6 attending residential courses where they experience a wider range of activities than can be offered in school.

To develop leadership and communication skills, children in Years 5 and 6 children can train to become Play Leaders, which is a responsible role in encouraging younger children to learn how to play collaborative games, respecting rules and to be as active as possible during break times. Children selected are positive role-models for younger members of the school, organising lunchtime games, assisting with sports days, intra-school competitions and other physical activity opportunities / workshops that we offer throughout the year. We aspire for our children to develop their understanding of how they can use these leadership skills to make a valuable contribution to society.

At Wodensfield, we recognise the importance of being physically active throughout the school day and we have implemented a whole school 'Energy Bursts' initiative that is run as a whole school challenge and is enjoyed by both pupils and staff, ensuring that children are fully engaged and enthused for all areas of learning and can maintain concentration for longer, whilst also highlighting the need to stay physically active. Throughout the day, children and staff participate in both short and longer activities that increase the heart rate both in the classroom (such as Go Noodle and Just Dance routines) and outside (using resources provided by the PE Lead teacher). These 'Energy Bursts' by children and then celebrated weekly in assembly to further enforce the importance of increasing levels of activity and spotlighting physical activity as a whole-school focus. Wodensfield's firm belief in the importance of the benefits of physical activity is also shared with families and they are invited to participate with their children in school-run events such as our 'Family Mile'.

We further celebrate the achievements of our children with an inclusive array of photographs that highlight their skills and performances, with an additional display (Our Future Olympians) to spotlight their achievements and participation in sports and physical activities outside of Wodensfield.

Our curriculum at Wodensfield aims to improve the physical, mental, social, moral, spiritual and cultural wellbeing of all our children not only through the sporting skills taught, but through the underpinning values and disciplines that PESSPA promotes. Through strong links with PHSE, we nurture the overall well-being and health of each child and encourage them to take ownership and responsibility of their own health and fitness and hopefully be more prepared for some of the challenges that life has to offer. All children at Wodensfield receive a broad and balanced PE curriculum regardless of year group or ability. Every child has access to all activity areas of the subject. Teachers can deliver PE with clear progression of skills and knowledge as we have created our curriculum offer to ensure that all children can access it at an age and ability appropriate level with full scope to help all children reach their full potential. Children possess a wide range of physical abilities. By recognising this fact, we are able to provide suitable opportunities for all children that will nourish them with a thirst for learning. Our children at Wodensfield make good progress in Physical Education.

Festivals and competitions at all levels ensure that all of our children have the opportunity to take part in a range of activities both in and outside of school, at both competitive and non-competitive levels. At Wodensfield, children are eager to attend extra-curricular activities and competitive events both at lunchtimes and after school.

In all we do at Wodensfield, we maintain the focus on a provision that is engaging and fun to promote and develop a love of physical activity that will enable our children to lead a happy, healthy, active life and endeavor to be the Best they can be.