



WOLVERHAMPTON CITY COUNCIL
Woden Avenue, Wednesfield, Wolverhampton WV11 1PW
Telephone: (01902) 556350 Email: office@wodensfield.org
Headteacher: Mrs. S. Walker

Date: 4th February 2019

Ref: SW

Dear Parents and carers,

At Wodensfield we are very aware of the importance of a healthy lunch served in a calm a friendly environment. We work closely with our cook and the local authority to ensure that school meals are appealing to the pupils and value for money. Our school menu is devised by the Local Authority catering department in collaboration with our school council. A copy of the menu is available on our school website and also from the school office.

We appreciate that occasionally children will not like the food on offer that day. Please be assured that lunchtime supervisors will encourage children to try the food on offer and also make them aware of alternatives, for example sandwiches and jacket potatoes. In order to ensure that parents and carers are made aware that their child has not eaten as well as expected we will send a MarvellousMe message at the end of the lunch sitting. This is just for your information. If there are several occasions/messages then we would suggest that you speak to your child about their lunch and let staff know if there is anything further we can do to support.

If you decide to send your child with a packed lunch we request that you do not include fizzy pop, nuts in any form and sweets, for example Skittles, Mars Bars, Haribos etc. We are encouraging children to understand what a healthy diet looks like and are using the change 4 life material to support making informed choices about diet and exercise. Please follow the link; <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes#lunchbox-tips> to find a range of suggestions for healthy and balanced packed lunches. We would recommend using the sugar swop app to check the sugar content of snacks in order to make informed choices. Our draft Food Policy is also available on our website and paper copies from the school office. We would welcome your thoughts and suggestions, so that the school can support children and families to make informed choices about diet and wellbeing.

Yours sincerely

S.Walker



